

ST. BENEDICT HOCKEY ACADEMY

Student Code of Conduct and Expectations 2025-2026



St. Benedict Bulldogs

...High Expectations Are the Starting Point of High Performance...

At the STB Hockey Academy, our goal is to develop the student athlete's individual hockey skills, character, commitment, leadership, goal setting, time management and teamwork skills.

www.stbenedict.ecsd.net

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ST. BENEDICT HOCKEY ACADEMY

Expectations

Students at STB Hockey Academy are placed in numerous dynamic environments: arenas, community training facilities, dressing rooms, fitness centers, buses, hallways, and outdoor environments.

The mental and physical safety of students is our top priority.

A. Academics and Behavior

Regular Classes

- Attend school regularly.
- Complete homework and assignments.
- Maintain appropriate grades.
- Demonstrate respect for all students and school staff.
- **If these expectations are not met, students may miss hockey time.**

Academy

- Be on time for on and off-ice sessions.
- Demonstrate respectful behavior.
- Behave appropriately on the bus and in dressing rooms.
- Treat instructors with respect.
- Demonstrate good sportsmanship.
- **If these expectations are not met, students may miss hockey time.**

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B. Gear

- Student is expected to safely carry (not drag) and load personal equipment onto the bus independently.
- Student is expected to wear Academy gear to each on-ice training session. **No exceptions.**
- Student is expected to wear a neck guard and helmet. **No exceptions.**
- Student is expected to tie own skates and dress appropriately by the end of October.
- Student is expected to practice appropriate personal hygiene.

C. Fees

- To ensure facilities, transportation, and field trip bookings, please keep your account current. Please review Payment Options form for details. Online credit and debit payments are accepted.
- Fees are spread out over the course of the year. The number of on-ice sessions varies from month to month throughout the year based on school activities, off-ice training, and academic days.
- If fee payments are not kept up to date, a student may not be allowed to continue in the Academy.

D. On Ice Instruction

- This is a skill-based program to develop specific fundamentals and tactics that will challenge student athletes at their own pace.
- Specific skill sets for forwards, defensemen, and goaltenders will be covered.
- Skills such as skating, agility/mobility, checking techniques, stick handling, offensive/defensive tactics, passing, quick feet, shooting and power skating are taught.
- Students will be grouped according to ability for on-ice sessions.

E. Classroom/Off-Ice Instruction

- Goal Setting
- Health and Wellness
- Sports Injuries, Substance Abuse, Sports Psychology
- Fitness and Nutrition
- Basketball, Volleyball, Cross Fit, Ball Hockey, Yoga, Rock Climbing, Soccer, Baseball

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F. Academy Schedules

Monthly Hockey Academy schedules will be available on our website. It will be updated frequently to reflect the monthly activities. Please check the schedules carefully.

G. Academy Storage Rooms

- Students are expected to always keep the storage area clean and in order.
- Students are expected to be respectful of other students' property.
- The staff parking lot is not to be used for dropping off or pick up.

H. Illness and Injury

- If a student is injured and unable to participate in the Academy, he/she will remain at school in the homeroom class.
- If a student is ill and unable to participate in the Academy, it is recommended that he/she stays home until healthy as per school expectations for all students.

If the above expectations are not met, the following action will result:

- 1: A consequence will be implemented during Hockey Academy.
- 2: Parents will be notified, and additional consequences may be implemented.
- 3: One-week suspension from Hockey Academy and Action Plan completed with parent signature.
- 4: A continued unwillingness to adhere to Academy expectations may result in removal from the program.

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Student Code of Conduct and Expectations Agreement 2025-2026

Please sign and return this page to the St. Benedict Hockey Academy.

I (we) fully understand the behavioral expectations of my son/daughter at St. Benedict School in cooperation with the STB Hockey Academy.

I understand that my participation in all alternative programs is subject to demonstrating responsible, respectful, and positive behavior as outlined in the Student Code of Conduct and Expectations.

Student Name (Please Print)

Student Signature

Parent/Guardian Name (Please Print)

Parent/Guardian Signature

Date

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